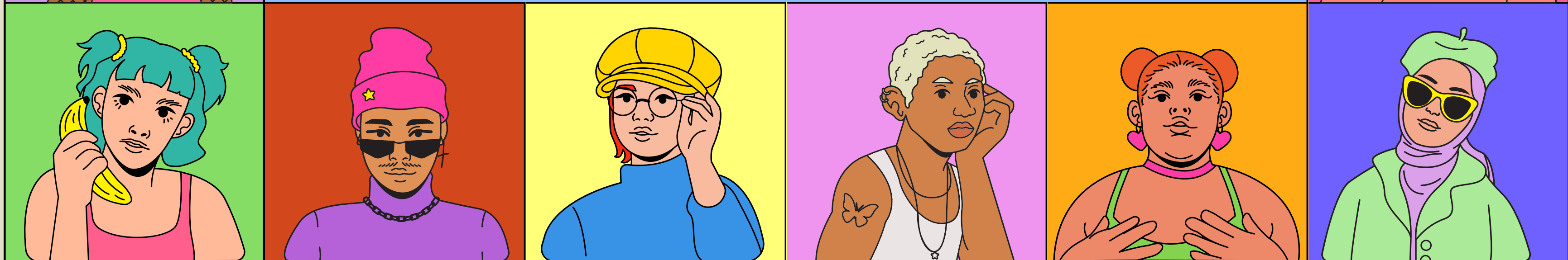





**HOME AWAY FROM HOME  
ERASMUS+ TC**







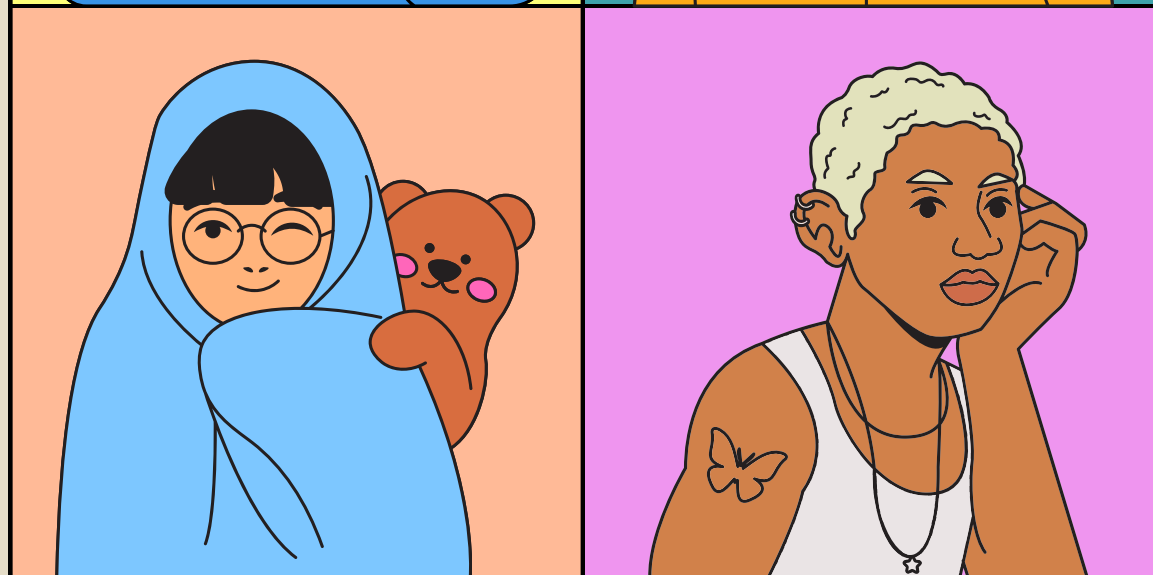
# HOME AWAY FROM HOME: YOUTH WORK & ACTIVISM FOR MORE INCLUSIVE COMMUNITIES



 "Home Away from Home: youth work & Activism for more inclusive communities" aims at providing participants with ideas, methods and tools that can be used by activists, volunteers, youth workers and others in building more inclusive local communities in the framework of NFE.

 Participants from Croatia, Italy, Spain, Portugal, Turkey, and Greece, youth workers **ideally with little experience**, volunteers in local NGOs, local activists, future change-makers, responsible, engaged and motivated;

 Aveiro, Portugal 21.03-31.03 2025 (incl. travel days)

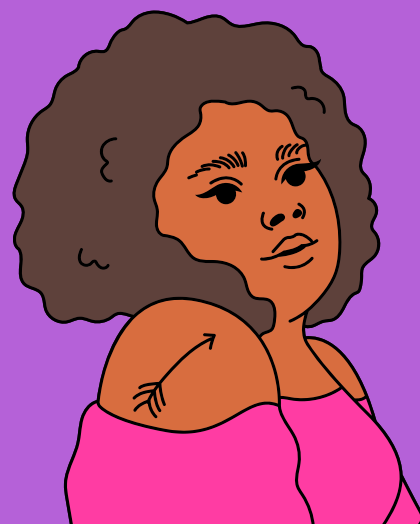


# “

# WHY

From 2015 until today, during the “European Refugee Crisis”, millions of refugees and migrants have had their desperate journey to Europe, coming mostly from war-torn Syria, Iraq, and Afghanistan. These people came running away from unbearable living conditions in their countries, searching for safety and a future for themselves and their families. Their way to Europe is full of obstacles and difficulties and what they encounter once they finally reach Europe might be devastating. They become subjects to discrimination, stereotypes, exclusion, and unfortunately even violence. At the same time, the media are either not reporting about it or they're sending incorrect, exaggerated and even dangerous information. All this creates an atmosphere of lack of understanding, discrimination, and prejudice towards refugees. In order to make the first steps towards the change in this atmosphere, we would like to provide participants with the knowledge and tools they can use to make the change in our local communities.



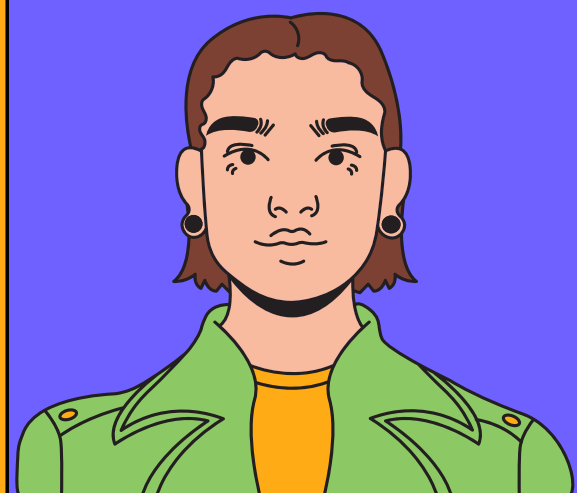
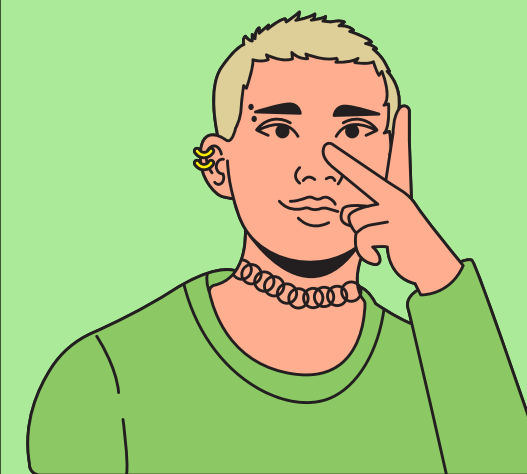


## ORGANISER

This training is brought to you by Agora Aveiro - an association for the promotion of active citizenship, based in Portugal. To know more visit [agoraaveiro.org](http://agoraaveiro.org) or look for us on social media.

## PARTNERS

Joining us in this adventure: iDEMO (Croatia), Belen Kaymakligi (Türkiye), Popoli Insieme (Italy), LevelUp (Greece), Becej Youth Association - BUM (Serbia), and Fund. Red Incola (Spain).



## TRAINERS

A small team of experienced trainers is happy to offer you this learning opportunity: Jasna Vejić (Croatia) & Nataša Gološin (Portugal) + one trainer (TBD), with the help of local volunteers of Agora Aveiro.

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## HOW

Through workshops, practical group work, lectures, interactive presentations, and discussions hosted by experts on the subject, participants will learn and practice different approaches to this situation which will hopefully inspire them to act and implement new inclusive projects in their own local community.





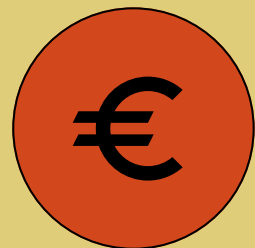
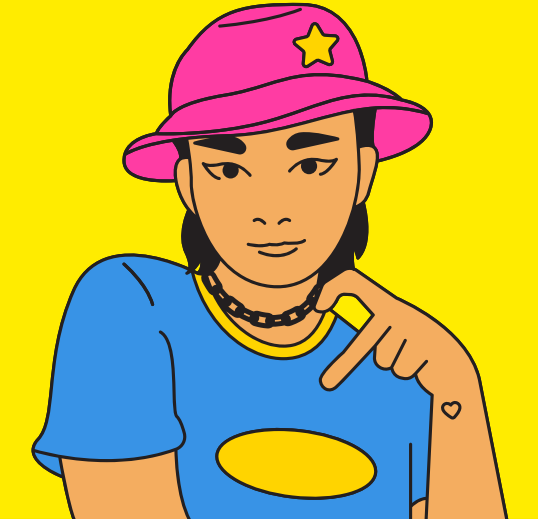
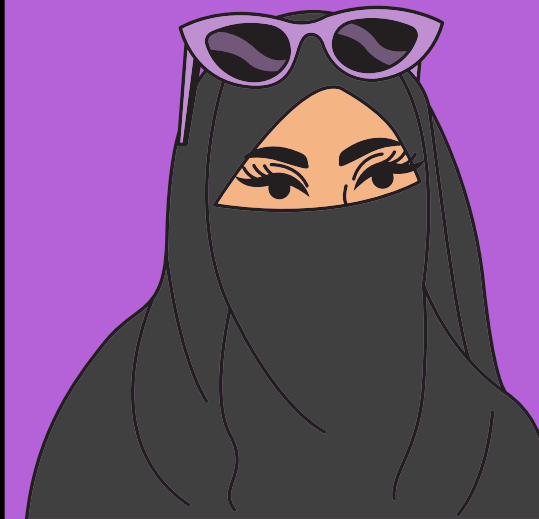
## WHAT TO EXPECT

Inspiring people, thought-provoking content, learning opportunities waiting to be seized, little free time, beautiful historical venue, the feel of a lovely Portuguese town, new friends, interaction with locals, and learning while also having (some) fun.

## WHAT NOT TO EXPECT

A paid tourist visit to Portugal, a lot of free time, party opportunities, and fancy accommodation.

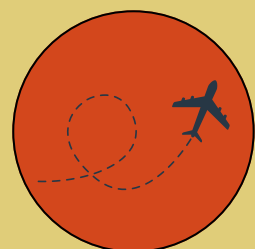
# PRACTICAL INFORMATION



Thanks to the funding of the Erasmus+ programme, travel, accommodation and meals are provided to participants free of charge. There is **no participation fee** as well. Personal insurance is not covered. We advise you to purchase one and to bring your EHC.



Participants will be accommodated in shared **multiple-bed rooms** with breakfast in a hostel in central Aveiro: Rossio Hostel, or similar. Other meals will be organised in local restaurants or/and in the students' canteen.



Travel expenses will be reimbursed to the participants **upon receiving all the documents**, up to the **limit** established by Erasmus+ which are 180€ for Spain, 275€ for Italy, 360€ for Croatia, Greece and Serbia, and 530€ for Türkiye.

# HOW TO REACH AVEIRO

## From PORTO AIRPORT

Take the metro from the Airport (there's only one line) and ride to **Campanha station** (about 30min). You might need to change at the Trindade stop, or if you are lucky, the metro will take you directly to Campanha (every second one goes all the way, others don't - no rules). For a detailed metro schedule check out: [www.metrodoporto.pt](http://www.metrodoporto.pt)

Next, at Campanha, you take a train to Aveiro. Make sure you take a U-train - it's much cheaper than IC and AP trains and takes a bit longer - 1h15 min. Alternative is to take a Flixbus or ALSA bus directly from the Airport to Aveiro, but there are only a few departures daily - check on the Flixbus or Alsa website.

## From LISBOA AIRPORT

Take the **red line metro to Oriente** train/bus station (3 stops - you leave at ORIENTE stop). From Oriente, you catch a bus or train to Aveiro. Trains to Aveiro take up to 2h20 and buses around 3h. IC train is cheaper than the AP train, and just a bit slower.

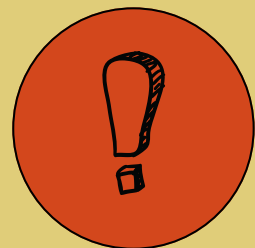
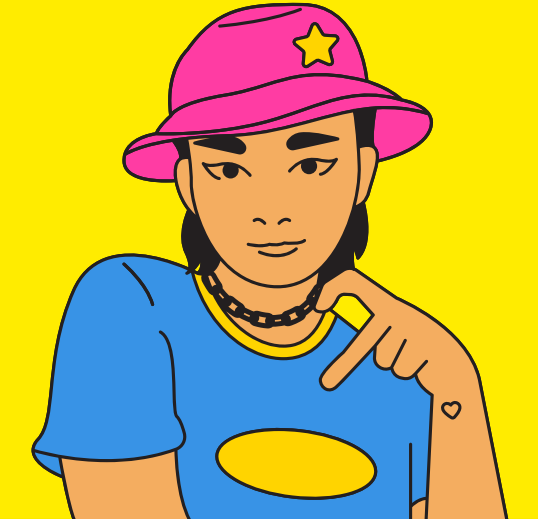
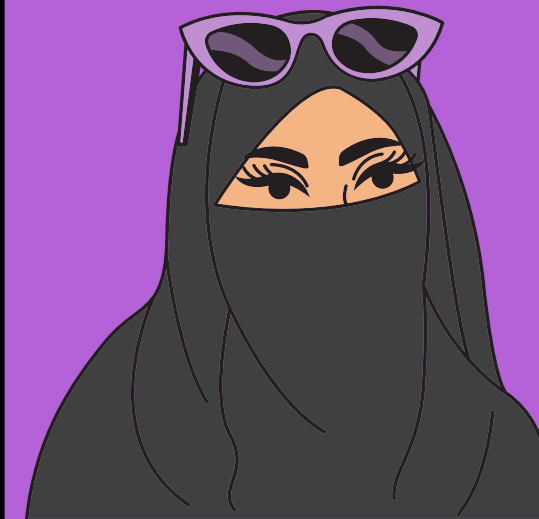
## IMPORTANT

*For trains, check all the departures at [CP.pt](http://CP.pt), for buses check at [Flixbus.pt](http://Flixbus.pt) and [Rede-expressos.pt](http://Rede-expressos.pt). If you travel from Lisbon, there's a nice discount if you are <26 years old - just show your ID. Once you arrive at Aveiro bus/train station, you walk 15 minutes (all flat!) to Rossio Hostel or if you prefer, order UBER/BOLT (3-4€ per ride, but not refundable). Make sure you keep all the travel documents in order to be refunded. Make sure you travel 2nd class / economy. You can arrive up to 2 days before or/and stay 2 days longer, but the project doesnt cover those extra days.*





# WHAT TO BRING



- Passport and/or ID card!
- Health Insurance Card (EHC) or Insurance policy document
- Any medicine you might need
- Clothes/shoes in accordance with the weather forecast prior to training - spring in Aveiro can be rainy all the time, or sunny as if it's summer- each year is a surprise! Temperatures are low at night so make sure you have good pajamas and a jacket for evenings.
- A towel - or otherwise you can rent it at the hostel for 2€
- Favourite snacks from your country - There won't be an official "intercultural evening" or at least not organised by us, but we would like to share different snacks during our coffee breaks
- If you are into photography, please bring your gear, we would like to have nice memories from the training





**In case you haven't done it yet, send us ASAP your travel itinerary for approval!  
In case you have any questions or doubts, contact [agora.aveiro@gmail.com](mailto:agora.aveiro@gmail.com)**

# SEE YOU SOON IN AVEIRO!

