

VOICE & ACTION 2.0

TRAINING COURSE

08 - 16 MARCH,
BUȘTENI, ROMANIA



Co-funded by
the European Union



C.O.S.I.

Civic Orientation and Social Integration

ABOUT THE PROJECT

Young people are increasingly now involved in 'alternative forms' of participation, including **youth activism, community volunteering, online activism or youth social movements** such as the climate activism movement. Related to this shift, youth civil society is also in a time of transition, moving from being based around structured hierarchical models of representation and participation to a more networked and diverse sector.

At the same time, many youth civil society organisations are also raising concerns about infringements on their freedom of association, assembly and expression, and what has been termed the 'shrinking space for civil society'.

Across Europe, it is now necessary to consider how our **democratic societies** recognise and support a range of **approaches to youth participation** and engage a diverse range of young people in democratic life. At the same time, it is still a concern that many young people feel disconnected from our democratic structures and institutions, and there is an ongoing need to enable young people to participate in democratic institutions and political structures both directly and indirectly. The **Erasmus+ and European Solidarity Corps programmes** further build upon this policy base by setting the objective of enhancing youth participation in democratic life.



Voice & Action
2.0

OBJECTIVES

1

Improve the competences of 28 youth workers' in promoting youth participation by exchanging efficient tools, successful stories and attractive programs.

2

Promote active citizenship and youth participation among local youngsters by developing catchy raise awareness campaigns and empowerment programs.

3

Enhancing the capacity of 10 NGOs to empower youth in becoming active citizens in their local communities by developing common campaigns and international projects.



PROFILE OF PARTICIPANTS

Youth workers (long-term volunteers, social workers, educators, social pedagogues, community development facilitators, counselors, trainers, facilitators, and other related staff implementing non-formal activities), who are **actively involved** in promoting **active citizenship** and **youth participation**;

Aged 18+;

Proven experience associated with **youth work** and **youth participation**;

Responsible for disseminating **awareness campaigns** within NGOs;

Able to use the newly gained competences on local campaigns;

Able to speak **English** at least at a conversational level.



FINANCIAL AND LOGISTICS

● Travel tickets

The project is co-funded by Erasmus+ Programme. Accommodation, food, traveling, materials, visa costs are fully covered.

All tickets are booked and bought **only after the approval** of COSI's staff. Only previously approved travel expenses will be reimbursed, so please do not buy any tickets until this has been agreed with the hosting organization.

Participants are asked to keep all of the **original tickets, boarding passes, receipts/invoices** which will be collected during the training.

● Health Insurance

Health insurance IS NOT provided and reimbursed by organizers. All participants are strongly advised to issue private travel insurance. All EU-based participants need to apply for **European Health Insurance Cards (EHIC)**.

Please let us know if you have any illnesses or use any medicine and you have a special diet or/ and have any kind of limitation.

● Reimbursement

The reimbursement process will take place after the mobility, within approx. 30 days, to the partner organisation bank account. However, we will reimburse participants after: collecting all the travel documents (tickets, boarding passes, invoices), filling the reimbursement form, filling the final Mobility Tools online evaluation, and **only if the participants were actively involved in the whole duration.**

The travel budget limit is:

10 – 99 km 28 EUR (56 EUR Green Travel);
100 – 499 km 211 EUR (285 EUR Green Travel);
500 – 1999 km 309 EUR (417 EUR Green Travel);
2000 – 2999 km 395 EUR (535 EUR Green Travel).

● Venue

The Training Course will take place in **Bușteni, Romania.**

DAILY SCHEDULE

Day 1

Project opening, getting to know each other and introduction to Youthpass. Formal and Non formal education. Group-building activities. Daily evaluation. First intercultural evening.

Day 2

What is youth participation? We will have the chance to get a better understanding different types of participation and how to make our voice as citizens heard. Second intercultural evening.

Day 3

We will go deeper into the participation topic by debating about democracy and voting. Third intercultural evening.

Day 4

Discussion about participation and communication in our countries. Study visit.

Day 5

ENTER Game, to discuss social issues. Discovering EU Programs to promote youth participation and empowerment.

Day 6

Creative factory on Digital storytelling: how to develop a campaign to promote youth participation.

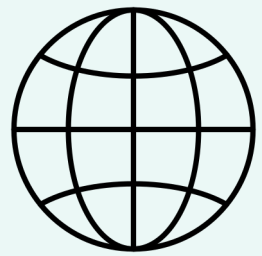
Day 7

Results of the Creative Factory. Dissemination. Final evaluation. Youthpass ceremony and project's closing.

Date/Time	Day 1 - 08.03	Day 2 - 9.03	Day 3 - 10.03	Day 4 - 11.03	Day 5 - 12.03	Day 6 - 13.03	Day 7 - 14.03	Day 8 - 15.03	Day 9 - 16.03	
	<i>Arrival</i>	<i>Introduction and group building</i>	<i>Introduction in Youth Participation</i>	<i>Participation for all</i>	<i>Tools for promoting participation</i>	<i>Programs for Participation</i>	<i>Learning into practice</i>	<i>Dissemination and follow-up</i>	<i>Departure</i>	
8:30-10:00	ARRIVAL	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
10:00 - 11:30		Project Opening	What is Youth Participation?	On the ladder of participation	Communication - learning from each-other	Youth participation and EU programs	<i>Creative Factory 1</i>	Creative factory results	DEPARTURE	
11:30 - 12:00		Coffee Break	Coffee Break	Coffee Break	Coffee Break		Coffee Break	Coffee Break		Coffee Break
12:00 - 13:30		Formal and Non-Formal education	Voice and Action	Let every voice be heard	Communication - learning from each-other	Creative Factory 2	Open space for sharing			
13:30 - 15:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
15:00 - 16:30		Getting to know each-other	Traditional vs Alternative methods of Participation	Danger 4 Democracy	Study Visit - Brasov	Gamification and participation	Creative Factory 3	From Diary to Certificate - Youthpass		
16:30 - 17:00		Coffee Break	Coffee Break	Coffee Break		Coffee Break	Coffee Break	Coffee Break		Coffee Break
17:00 - 18:30		Group Building	What happens if it doesn't happen?	NGO Baazar		Develop a Campaign	Creative Factory 4	Final evaluation		
18:30-19:00		Individual evaluation, Reflection of the day + Youthpass	Individual evaluation, Reflection of the day + Youthpass	Individual evaluation, Reflection of the day + Youthpass	Individual evaluation, Reflection of the day + Youthpass	Individual evaluation, Reflection of the day + Youthpass	Individual evaluation, Reflection of the day + Youthpass			
		Daily evaluation meeting	Daily evaluation meeting	Daily evaluation meeting	Daily evaluation meeting	Daily evaluation meeting	Daily evaluation meeting			
19:00-20:00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		Dinner
20 30		Free time	Inter-cultural evening	Inter-cultural evening	Inter-cultural evening	Night out	Inter-cultural evening	Movie night		YouthPass Ceremony



**YOU CAN FIND US
HERE**



**LOOKING
FORWARD
TO
SEEING
YOU!**

For any questions, contact us at
voiceandaction2.0@gmail.com

